



YUKON WORKERS'  
COMPENSATION  
HEALTH AND  
SAFETY BOARD

SUBJECT: CLAIMS & BENEFITS POLICY NO.: CL - 31  
BOARD APPROVAL: UNDER REVIEW  
APPROVAL DATE: \_\_\_\_\_  
BOARD ORDER NO.: \_\_\_\_\_  
EFFECTIVE DATE: January 01, 1993

## POLICY STATEMENT

SECTION  
REFERENCE:

**REVOKED**

**JAN 01 2008**

POLICY:

### CUMULATIVE TRAUMA DISORDERS

- (a) Overuse syndromes are repetitive strain injuries.
- (b) Medical evidence supports multiple causes of CUMULATIVE TRAUMA DISORDERS as rapid movement injuries, forceful movement injuries and static loading injuries.
- (c) Occupational factors include muscular-skeletal lesions manifested by objective signs primarily tenosynovitis, tendonitis, epicondylitis and occasionally bursitis, ganglion, carpal tunnel syndrome, for any work involving repeated movements (gestures), pressures and vibration over an extended period of time.
- (d) Treatment is rest and time-off work, anti-inflammatory medications, ice, physiotherapy, education, and as a last resort, surgery. Generally, all these conditions relate to soft tissue injuries which normally heal without permanent impairment of function.
- (e) Each claim shall be judged on its own merit.
- (f) For the next year each claim is to be decided by a panel comprised of two claims officers and the medical advisor.
- (g) The Claims Branch will maintain a statistical record of all Cumulative Trauma Disorder claims and decisions and shall report to the Board quarterly.